RACHEL BLOOM, MD C. HEATHER OGOKE, OD AMY LAMBERT, MD

# Contact Lens Information and Fee Schedule

Your child is excited to start wearing contact lenses and we sincerely wish to make this a positive experience for them. We are equally committed to ensuring that the lenses are worn properly and that the risk of ocular complications is reduced as much as possible. Even the most experienced contact lens wearers sometimes develop eye infections and irritation to the cornea. In the worst case, these complications can lead to permanent damage to the eye and vision loss.

Contact lenses and associated fitting fees are not billed through your insurance or vision plan. The charge is \$275 for a spherical contact lens fitting and \$350 for toric/ multifocal lens fitting and is paid in full at the time you book your child's appointment. This is a non-refundable fee. A partial refund may be provided in certain circumstances.

## What type of contact lenses are fitted?

We fit for traditional soft contact lenses for prescriptions that are spherical, toric (with astigmatism), and multifocal (with doctors' recommendation). We also offer therapeutic contact lenses to control rapidly progressive myopia, or nearsightedness, (MiSight). MiSight lenses are a separate cost/ procedure from traditional contact lenses.



### What's included in the fee?

Our fee is for <u>a one-hour long</u> visit where your child is fitted by our doctor for their contact lenses. During this visit, your child is also taught how to insert and remove, as well as how to care for their contact lenses. By the end of their appointment your child is expected to demonstrate that they can insert and remove their lenses on their own. If they cannot do this, for safety reasons, you may be asked to schedule another visit for additional insertion and removal training.

Our fee also includes a one week follow up appointment upon successful insertion and removal. This appointment is to assess how your child is doing with wearing their *trial* contact lenses - to check their vision, make sure that the lenses are fitting the eye properly, and confirm their contact lens prescription. Trial lenses are included with the fitting fee. This follow up appointment is approximately

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15 - 30 minutes. At the end of your follow up visit, you will be provided with a written prescription for contact lenses.

This cannot be overstated - <u>it is essential that your child be able to properly handle their lenses</u>, and perform the hygiene required to minimize the risk of eye infection and injury that can occur with contact lens wear.

### What's not included in the fee?

This fee does not include a regular comprehensive eye exam and refraction (measurement) for glasses.

Any subsequent visits that might be needed for ocular complications related to contact lens wear are not included with the fitting fee. For example, should your child develop an eye infection or corneal irritation, the fee for this visit will be billed through your insurance carrier. As per our standard office policy, you are financially responsible for any unmet deductible or uncovered services.

What happens if my child cannot tolerate the fitting process and / or cannot learn to insert or remove the contact lenses?

We understand that some children may really want to wear contacts but for many reasons may not be ready to do so. You know your child best, and we strongly encourage you to discuss the process with them before scheduling a fitting. Our goal is to make sure that your child has a good experience with their first pair of contact lenses, and can safely and successfully wear them.

If your child has their contact lens fitting appointment and it is clear that they are not able to insert and remove their contacts on their own, we will offer you a 50% refund of the initial fee.

### What do you need to do before booking this appointment?

Prior to a contact lens appointment your child must have a dilated comprehensive eye exam and refraction (measurement for glasses) less than a year old. If this is not done at our practice you will need to forward your child's exam notes to our office prior to making an appointment.

What happens if I need to cancel or reschedule my child's contact lens appointment?

We require 48-hour notice for a full refund. Partial refund may be provided in special circumstances.

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